

TRAINING HANDBOOK

Accu-Chek® Solo micropump system



ADJUSTING TIME BLOCKS

Editing a time block

01

07:00

Bolus Basal rate Stop

Test Replace Settings

My data USB Flight mode

Signals Help

Status screen Add data

In the Main menu, tap **Settings**.

02

07:00

Settings

Reminders

Warning limits

Time and date

Bolus settings

Time blocks

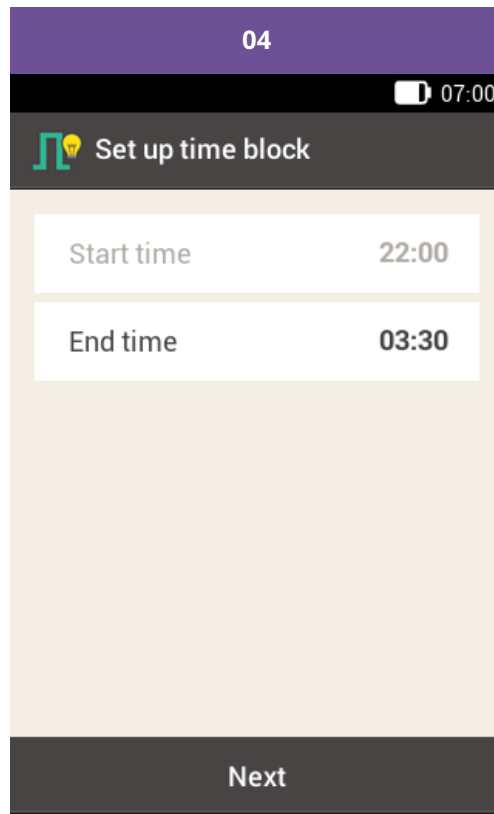
Tone and vibration

General settings

Tap **Time blocks**.



Tap the time block you want to edit.




Adjust the end time.

Tap [Next](#).

05

07:00

 Target range

Upper limit value	7.5 mmol/L
Lower limit value	3.6 mmol/L


Next

Adjust the upper limit value and lower limit value.

Tap [Next](#).

06

07:00

 Bolus advice options

Carbohydrate ratio

1.00 U	:	14 g
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Insulin sensitivity


1.00 U	:	2.8 mmol/L
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This carbohydrate ratio and this insulin sensitivity are used for all time blocks at first. You can adjust values for each time block later.

Done

Adjust the carbohydrate ratio and insulin sensitivity.

Tap [Done](#).

 Time blocks

05:30 – 08:30

08:30 – 11:30

11:30 – 22:00

22:00 – 05:30

Done

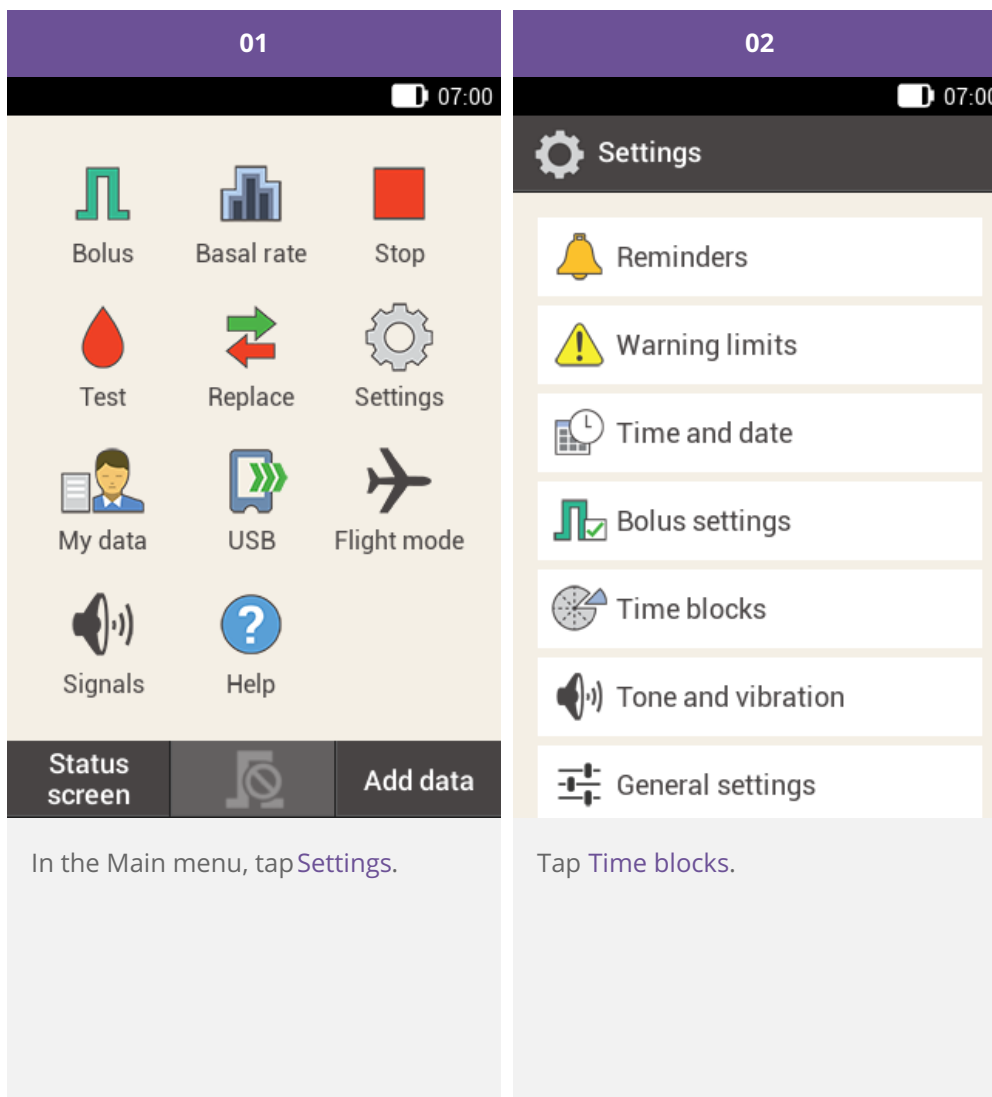
Once you have finished editing the time blocks, tap **Done**.

Adding a time block

This section describes how to add a new time block.

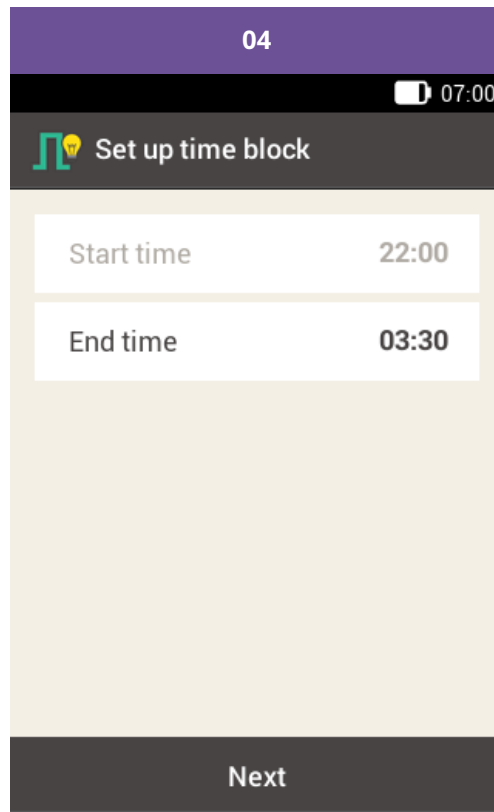
To add a time block, decrease the end time of the last time block.

After the new time block has been created, you may have to adjust the end time and other information for each time block.





Tap the last time block.




Tap **End time** and decrease the end time in order to create a new time block. However, do not decrease the end time until it equals the start time because this will delete the time block.

Tap **Next**.

05

07:00

 Target range

Upper limit value	8.0 mmol/L
Lower limit value	4.2 mmol/L


Next

Set the upper limit value and lower limit value for the new time block.

Tap [Next](#).

06

07:00

 Bolus advice options

Carbohydrate ratio

1.00 U	:	14 g
--------	---	------

Insulin sensitivity


1.00 U	:	2.5 mmol/L
--------	---	------------

This carbohydrate ratio and this insulin sensitivity are used for all time blocks at first. You can adjust values for each time block later.

Done

Set the carbohydrate ratio and insulin sensitivity for the new time block.

Tap [Done](#).

 Time blocks

05:30 – 08:30

08:30 – 11:30

11:30 – 15:30

15:30 – 22:00

22:00 – 03:30

03:30 – 05:30

Done

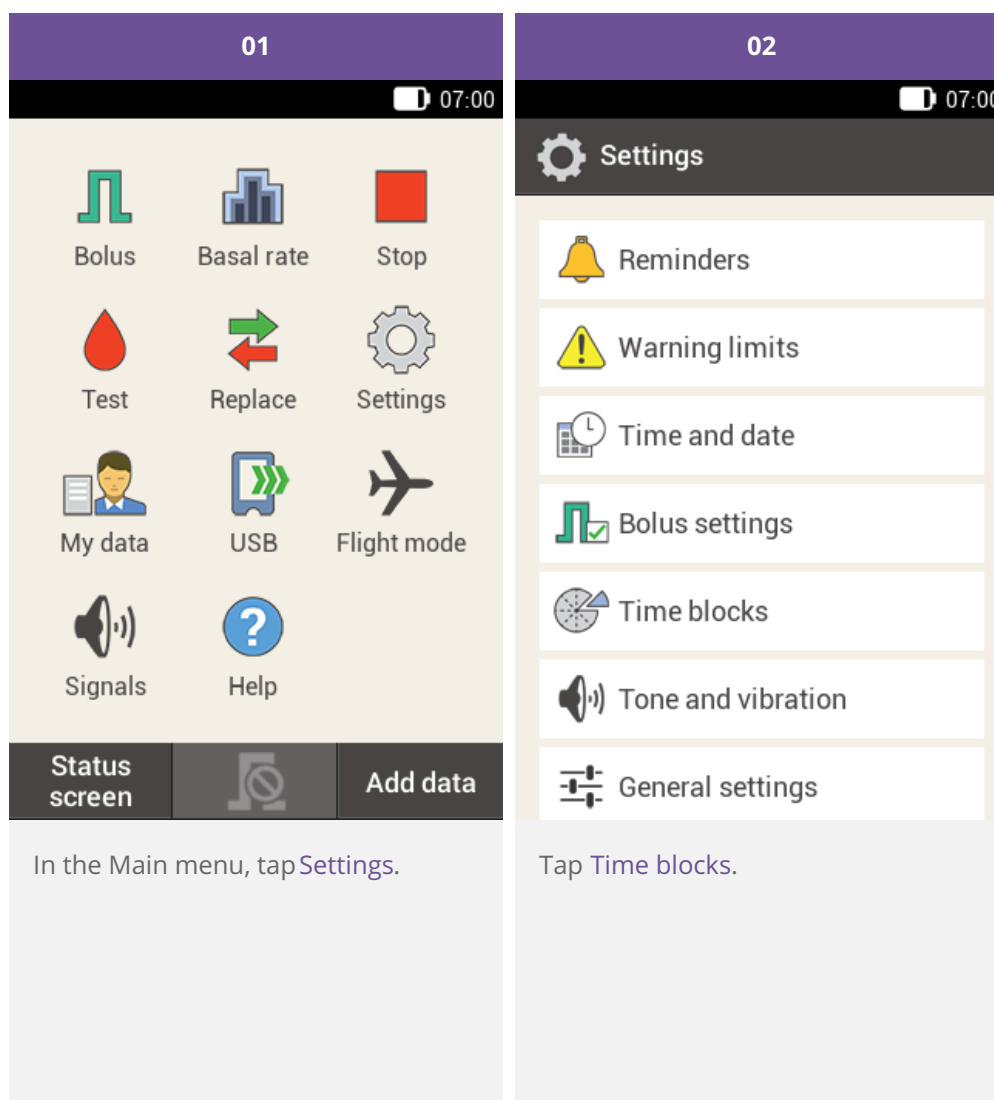
It may be necessary to change the end times and settings of other time blocks.

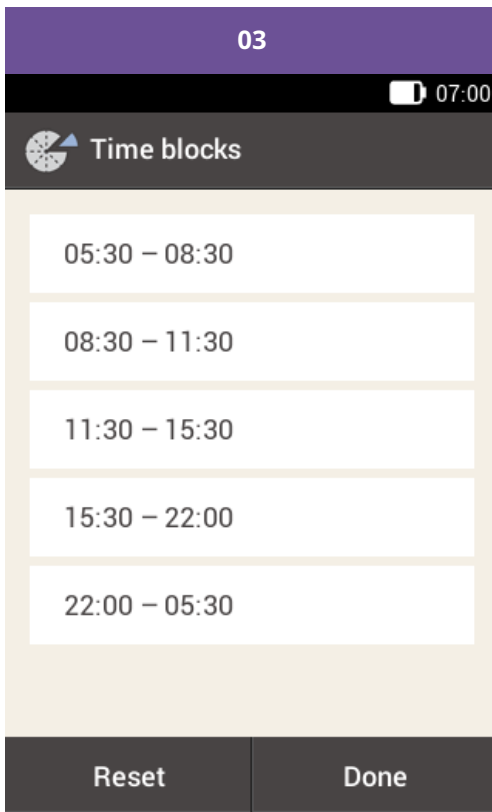
Tap **Done** when you have finished editing the time blocks.

Resetting all time blocks

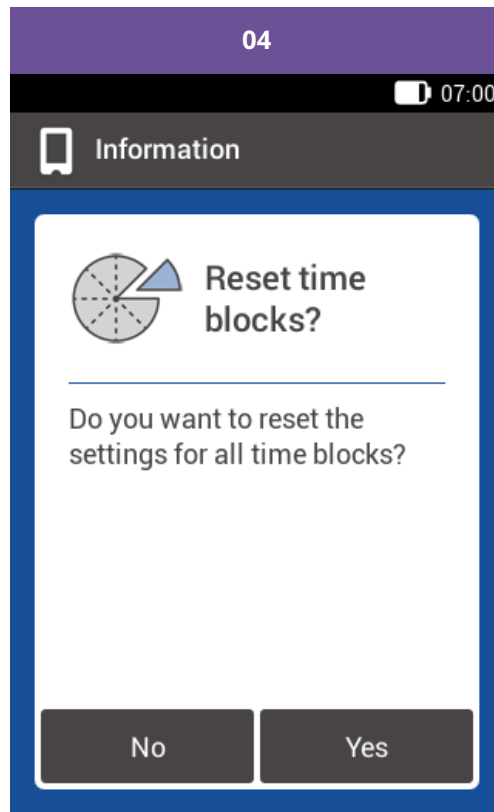
This section describes how to restore the settings for all time blocks to the factory settings and then re-enter them.

Changing the start time of the first time block may be one reason for resetting all time blocks.

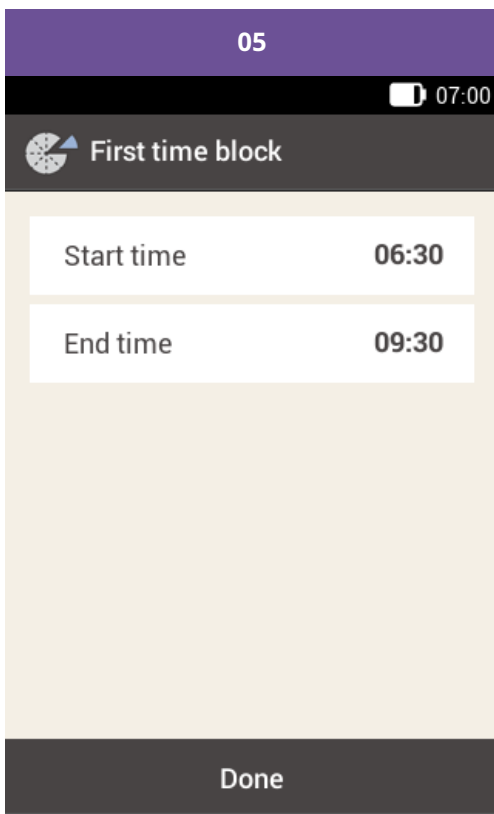




Tap [Reset](#).

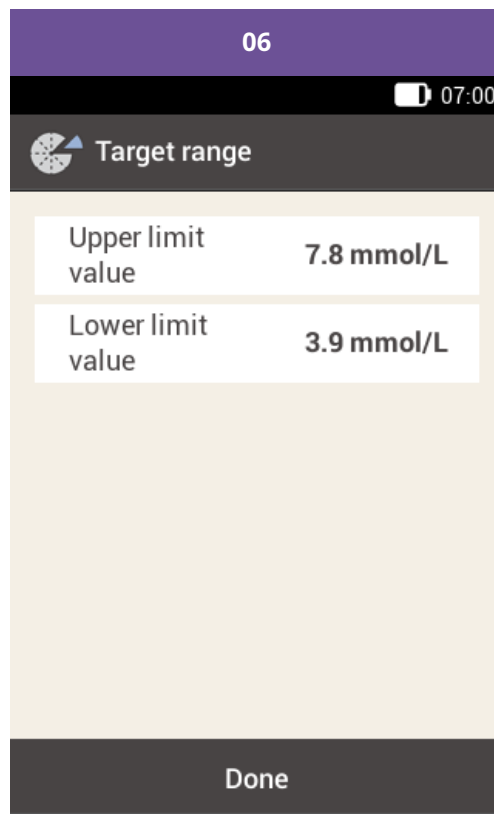


If you want to reset all time blocks, tap [Yes](#).



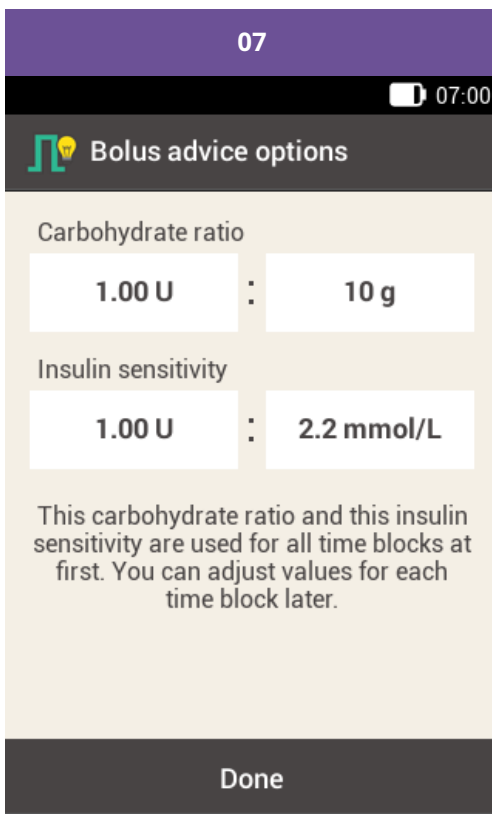
Set the start time and end time for the first time block.

Tap [Done](#).



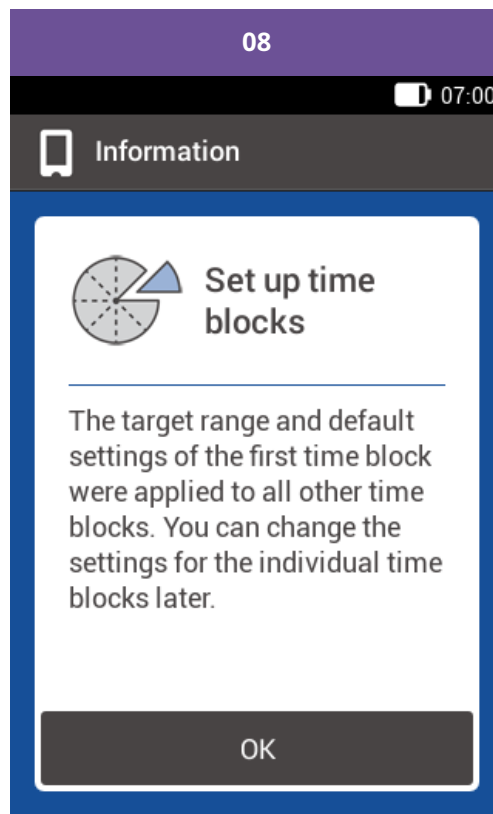
Set the default values for the upper limit value and lower limit value.

Tap [Done](#).

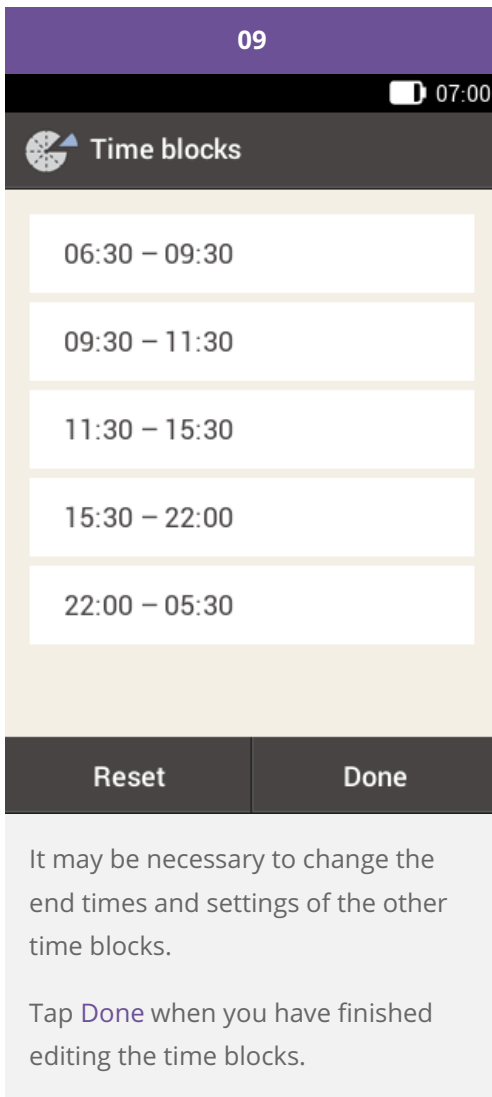


Set the default values for the carbohydrate ratio and insulin sensitivity.

Tap Done.



Tap OK.



SETTINGS OVERVIEW

The Settings menu provides you with the following options to adjust the micropump system:

Setting	Explanation
Reminders	Help you to remember the tasks of your diabetes management. Reminders are explained separately in (Accu-Chek Solo micropump system) Chapter 14.2.
Warning limits	Definition of limits for hyperglycemia (hyper) and hypoglycemia (hypo) and others.
Time and date	Setting the time and date correctly ensures that insulin is delivered at the right time of day.
Bolus settings	Parameter for bolus delivery and Quick bolus. For better overview, the Bolus Advice settings in this menu are explained in (Accu-Chek Solo micropump system) Chapter 9.4.
Time blocks	Set start times, end times as well as target ranges, carb ratios and insulin sensitivities. With Bolus advice switched on, Time block settings can be found in the Bolus Advice menu. See (Accu-Chek Solo micropump system) Chapter 9.12.
Tone and vibration	<ul style="list-style-type: none"> • Volume • Vibration • Tone for blood glucose test • System messages • Insulin delivery • Touchscreen setting • Signal suspension
General settings	<ul style="list-style-type: none"> • Language • Brightness • System function test
Screen lock	Protects your diabetes manager against accidental changes and entries.
System information	Technical information mainly used when communicating with pump support.
Injection mode	Mode for intensified conventional insulin therapy for which short-acting bolus insulin and long-acting basal insulin (depot insulin) is delivered using a syringe or pen.

 **Note**

When editing a setting, any unsaved changes are discarded once the diabetes manager turns off or a test strip is inserted into the test strip slot.

 **Warning**

The therapy settings must be provided by your healthcare professional and you may only change them after prior consultation. Using the wrong settings puts you at risk of hyper- or hypoglycemia.

FOR PEOPLE WITH DIABETES. ALWAYS READ THE INSTRUCTIONS FOR USE. CONSULT YOUR HEALTHCARE PROFESSIONAL FOR ADVICE.

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