

TRAINING HANDBOOK

Accu-Chek® Solo micropump system

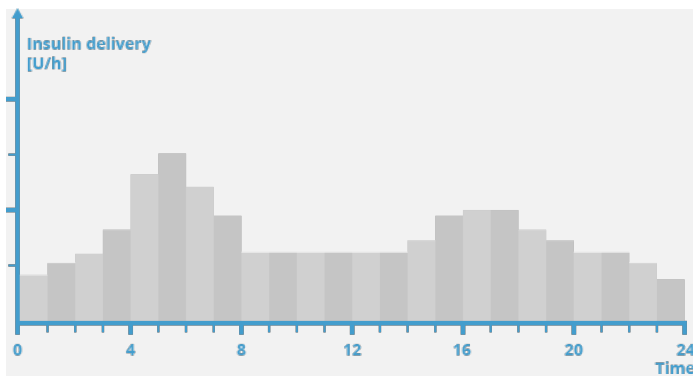


ADJUSTING AND ADDING BASAL RATE PROFILES

The reason behind different basal rate profiles

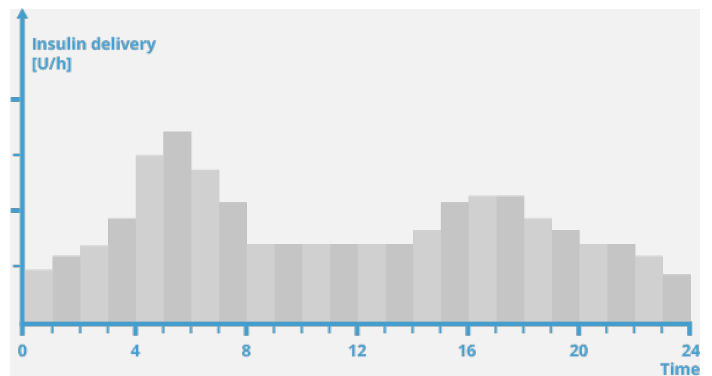
In addition to your initial basal profile, you may want to use other basal rate profiles for different daily routines. You can program up to 5 different basal profiles. Discuss using different basal profiles with your doctor or healthcare team.

Example



Basal profile 1.

Monday to Friday “working days”

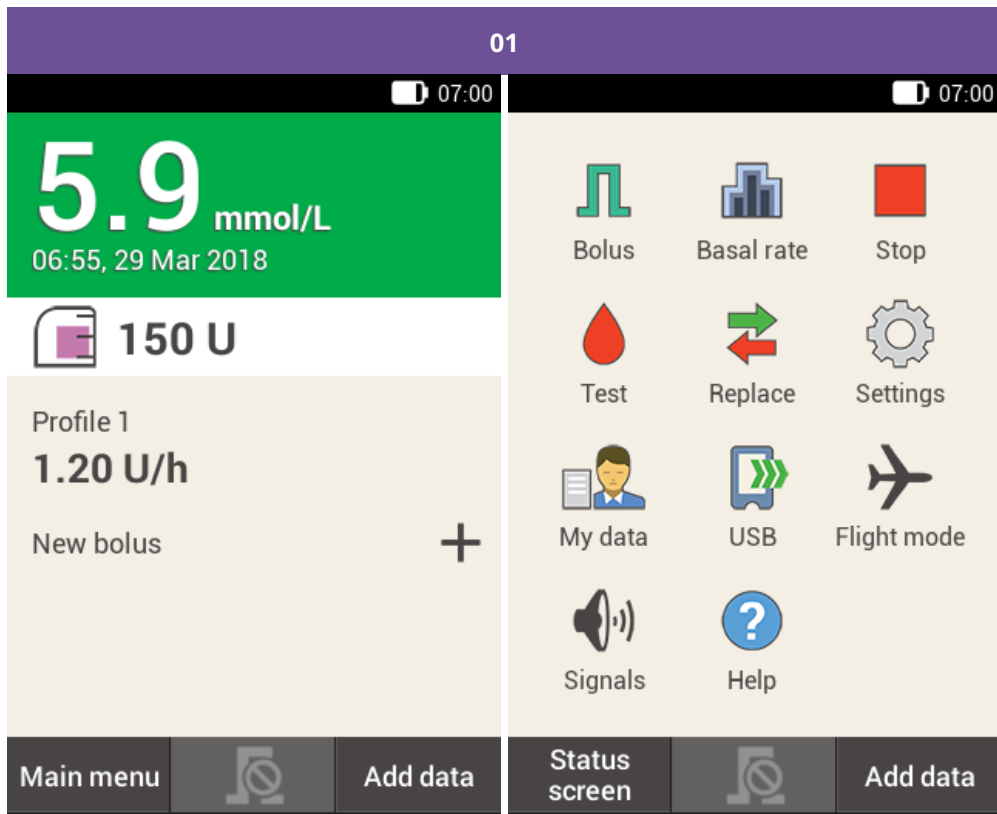


Basal profile 2.

Weekends “leisure time and relaxing”

In this example, the user is a construction worker and from Monday to Friday he is on his feet from early morning until end of work. On the weekend, he likes to sleep in late and relax and read for hours. After discussing his varying daily routines with his doctor, the user programmed Basal Profile 1 for working days. He also programmed Basal Profile 2 that provides more basal insulin for Saturdays and Sundays.

Programming a basal rate profile



The image shows two side-by-side screenshots of a mobile application interface. The left screenshot is the 'Status screen' and the right is the 'Main menu'.

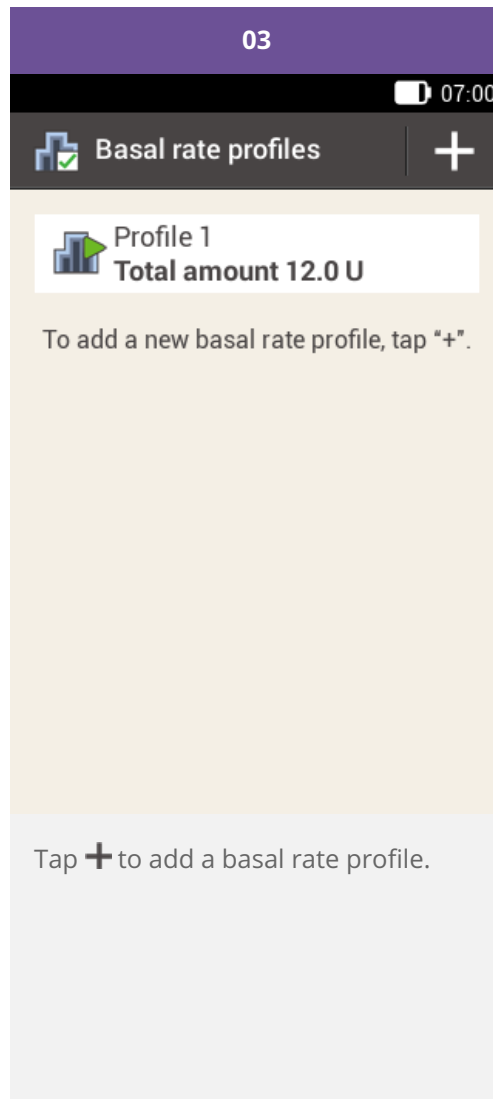
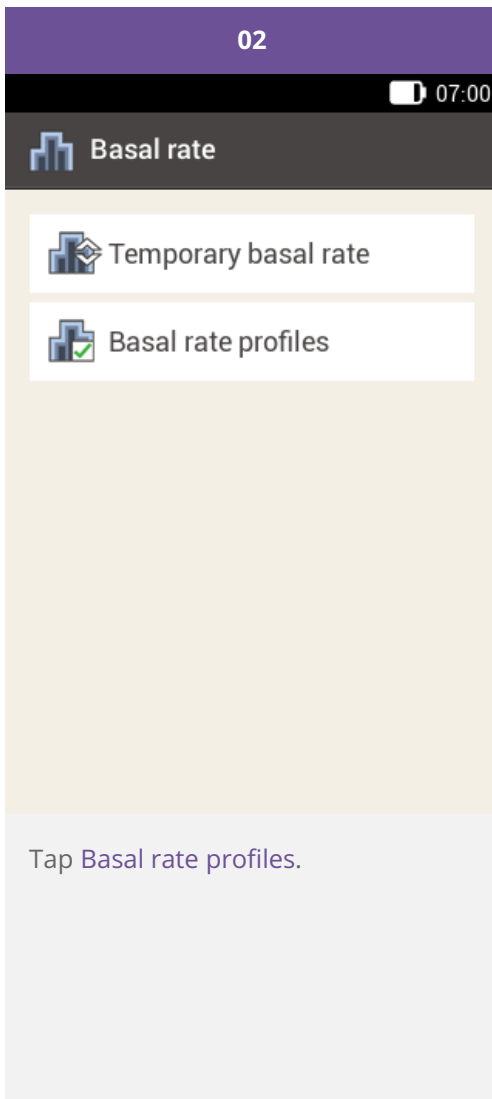
Status screen (left): The top bar is purple with the number '01'. Below it is a black bar with a battery icon and the time '07:00'. The main area has a green header with '5.9 mmol/L' and '06:55, 29 Mar 2018'. Below that is a purple icon of a document with '150 U'. The bottom section shows 'Profile 1' with '1.20 U/h' and 'New bolus' with a plus sign.

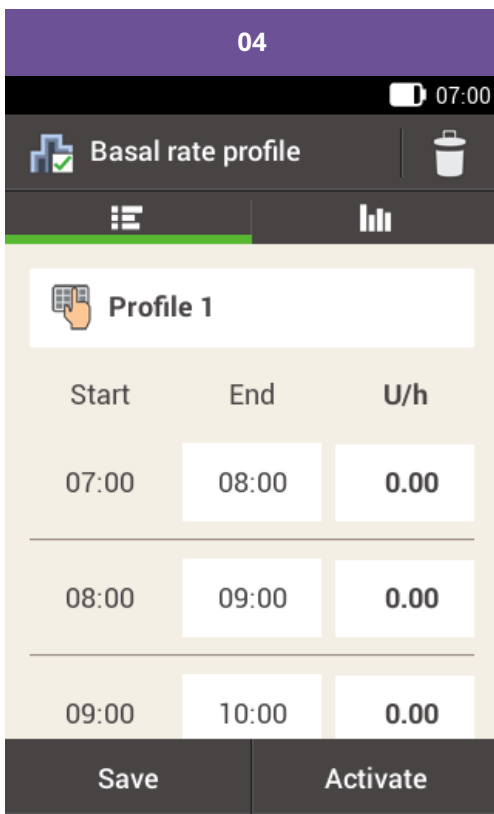
Main menu (right): The top bar is purple with '01'. Below it is a black bar with a battery icon and '07:00'. The main area is a grid of icons: 'Bolus' (blue waveform), 'Basal rate' (blue bar chart), 'Stop' (red square), 'Test' (red drop), 'Replace' (green and red arrows), 'Settings' (grey gear), 'My data' (person icon), 'USB' (blue USB icon), 'Flight mode' (black airplane), 'Signals' (black speaker), and 'Help' (blue question mark).

Bottom navigation bar: It has two sections. The left section has 'Main menu', a grey icon of a document with a slash, and 'Add data'. The right section has 'Status screen', a grey icon of a document with a slash, and 'Add data'.

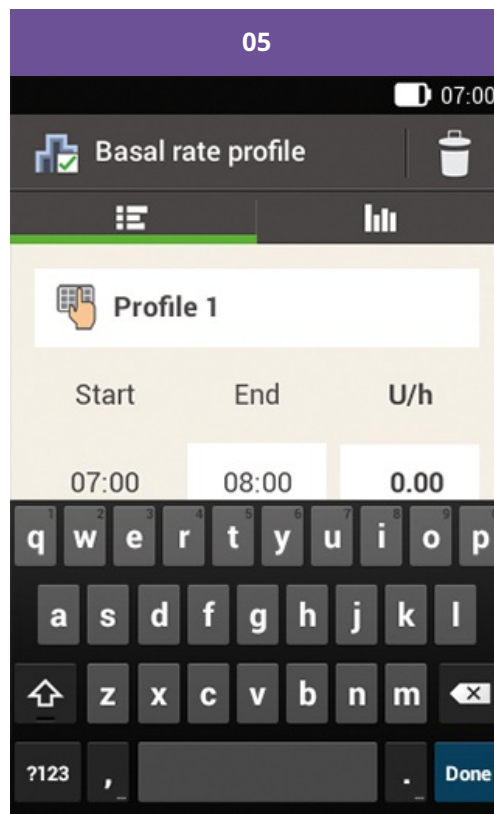
On the Status screen, tap the basal rate profile.

On the main menu, tap **Basal rate**.



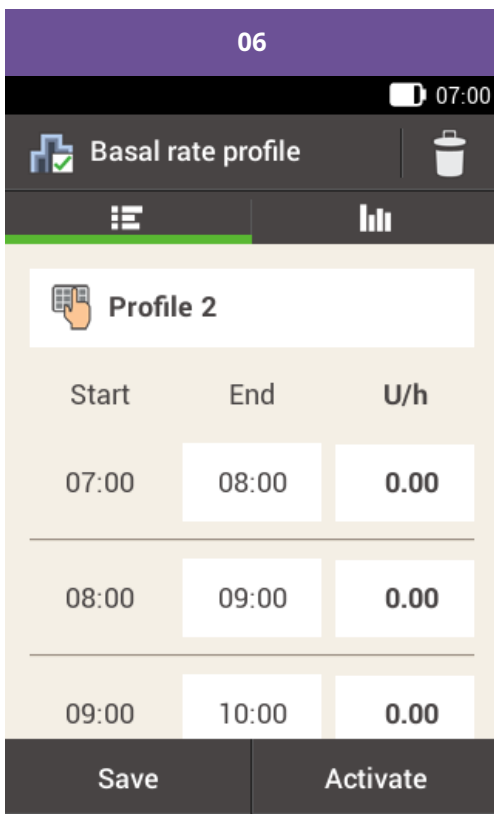


Tap to name the profile.

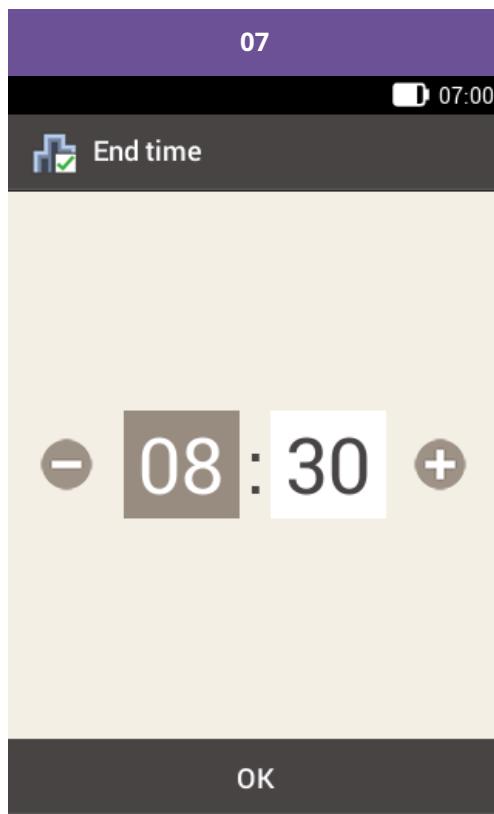


Enter the desired name for the basal rate profile (maximum 12 characters).

Then tap Done.



Select the first time block.



Enter the end time for the time block.

Tap Save.

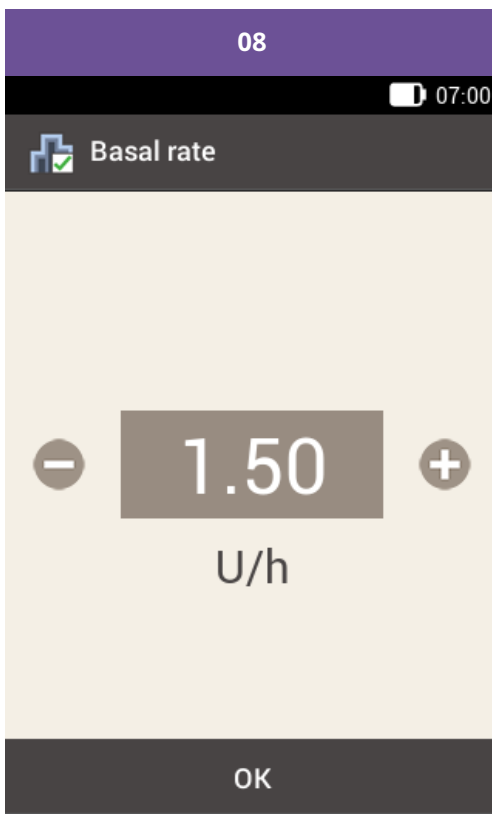
Note

You are only able to edit the end time of basal rate time blocks. The start time of each time block is identical to the end time of the previous time block.

To delete a time block, set the end time of the time block to the start time of the same time block.

To add a new time block, set the end time of the last time block to the desired start time for the new time block.

Basal rate time blocks are neither identical to, nor shared with the time blocks for bolus advice.



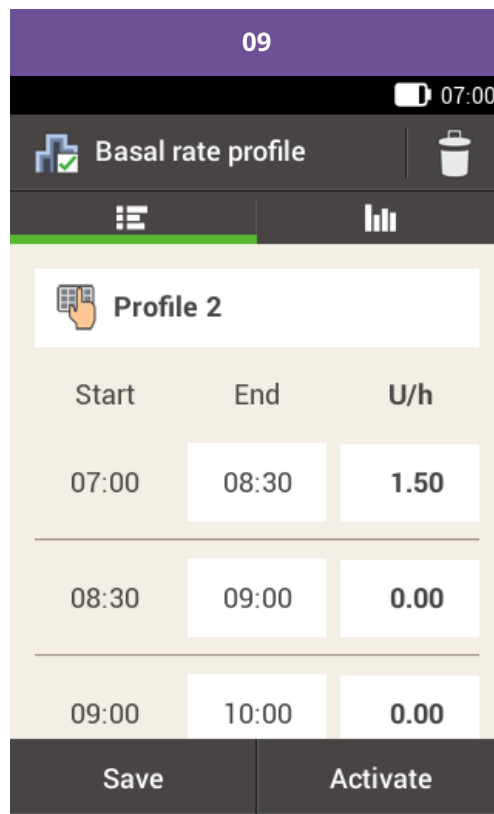
Enter the insulin amount per hour for the time block.

Tap [Save](#).

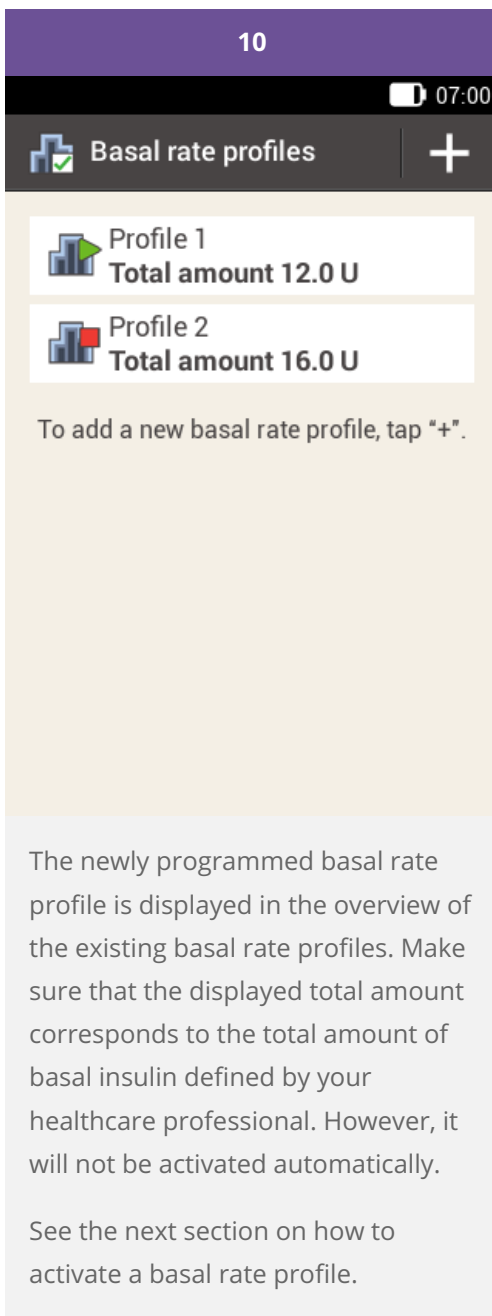
Continue to enter the end times and hourly basal rates until you have programmed the appropriate hourly basal rates for all 24 hours of the day.

If you wish to save but not currently activate this basal rate profile continue with step 09.

If you wish to save and activate the new basal profile immediately, tap "Activate". Continue with step 11.



Tap [Save](#) to save the programmed Basal rate profile.



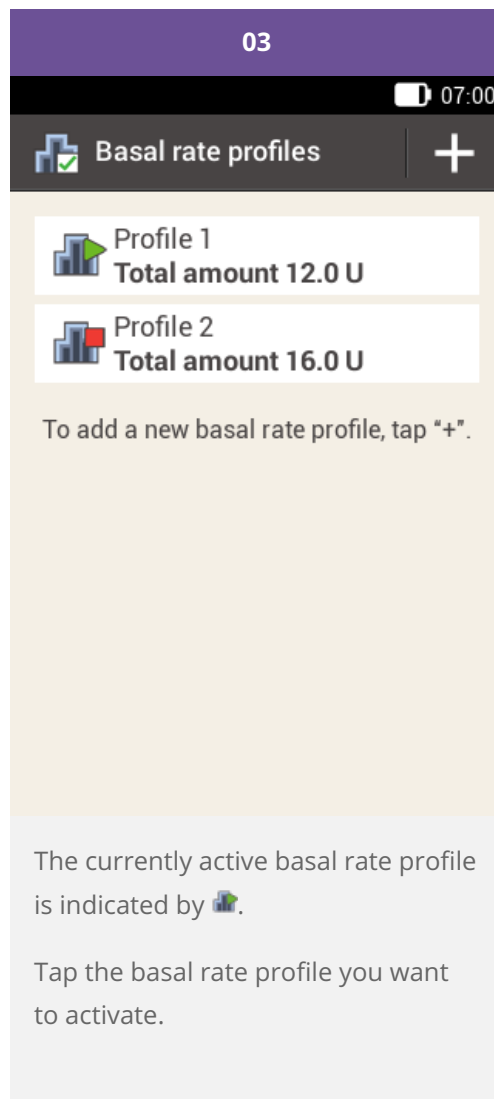
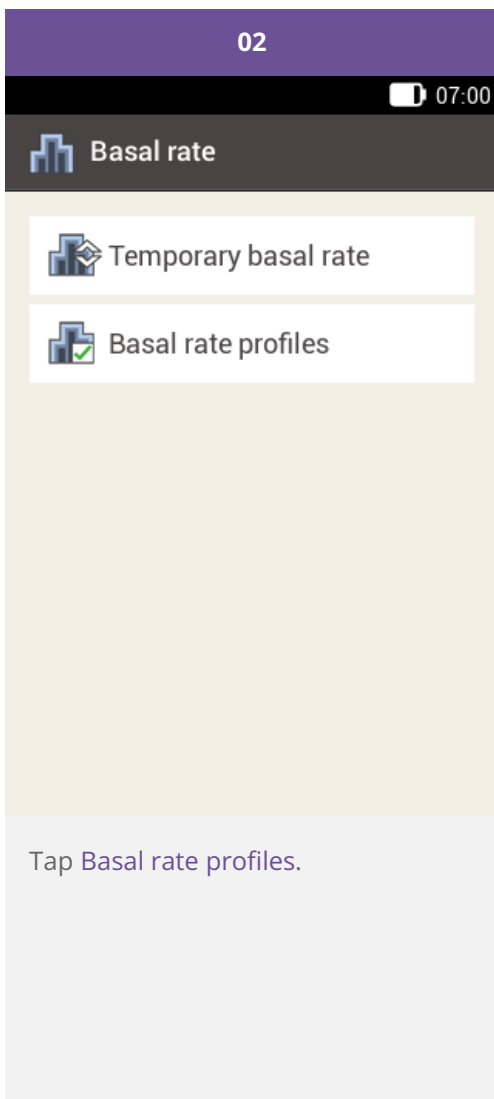
Activating a basal rate profile

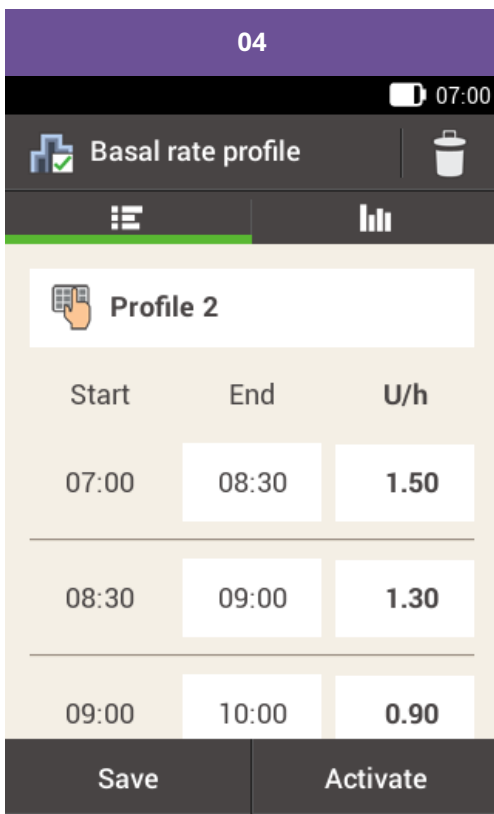
Activate the appropriate profile, when it is due. For example, Friday night, when you change to your weekend routines, activate the profile you have programmed for weekends.

The image displays two screenshots of a mobile application interface. The left screenshot shows the main menu with a glucose reading of 5.9 mmol/L and a basal rate profile of 1.20 U/h. The right screenshot shows the status screen with a grid of icons for Bolus, Basal rate, Stop, Test, Replace, Settings, My data, USB, Flight mode, Signals, and Help. Below the screenshots are instructions for navigating to the basal rate profile.


On the Status screen, tap the basal rate profile.

On the main menu, tap basal rate.

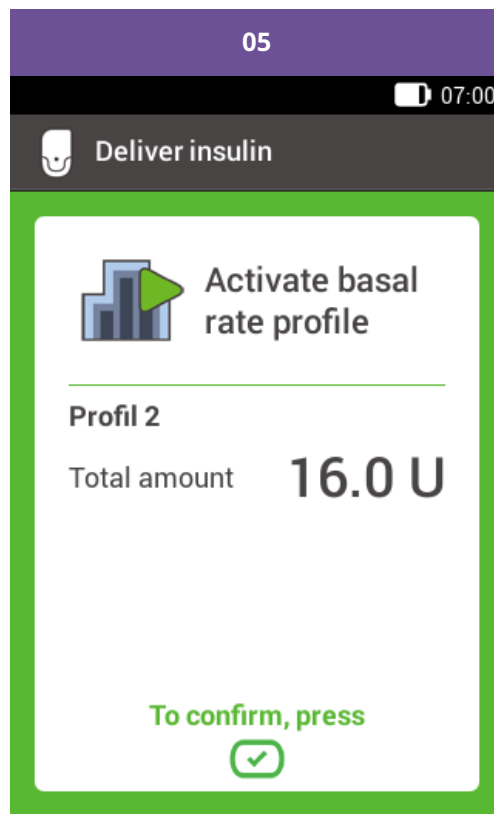





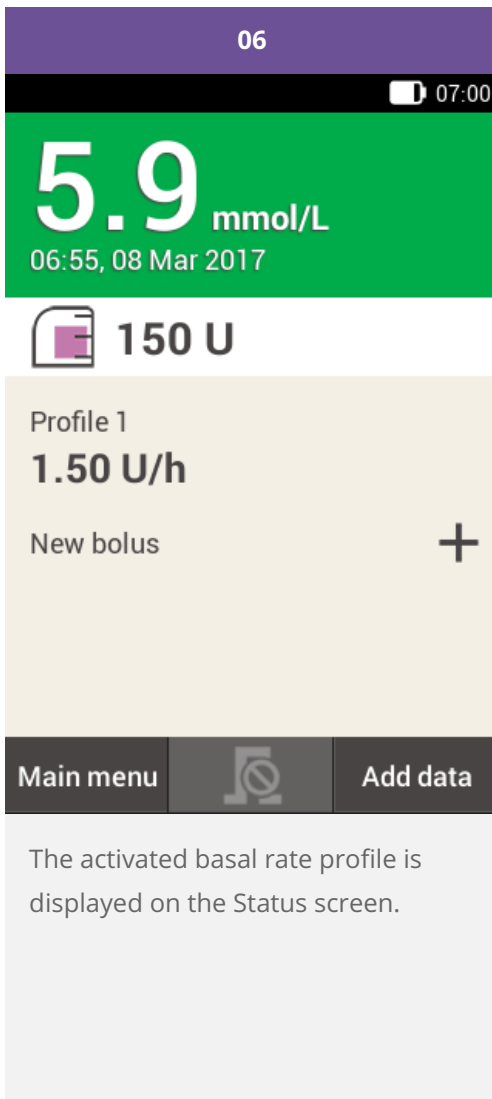
If required, scroll the screen upwards to see all time blocks of the basal rate profile.

Tap  to see the graphic for the profile.

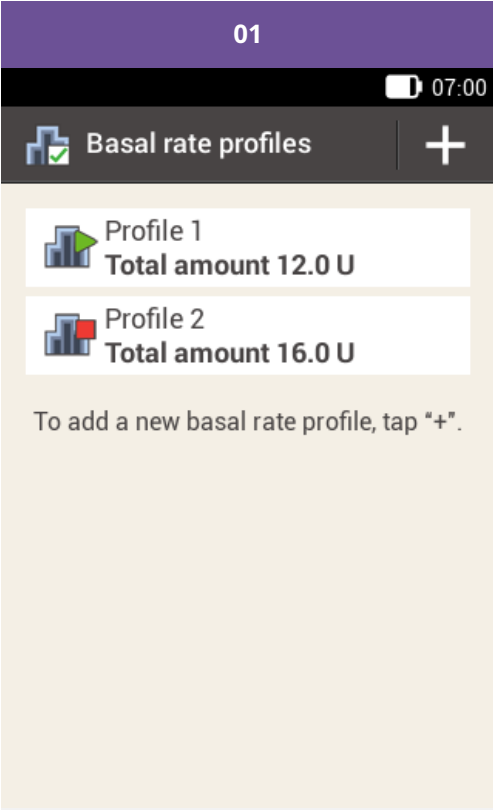
Tap [Activate](#).



To confirm, press the insulin button .



Changing a basal rate profile




01

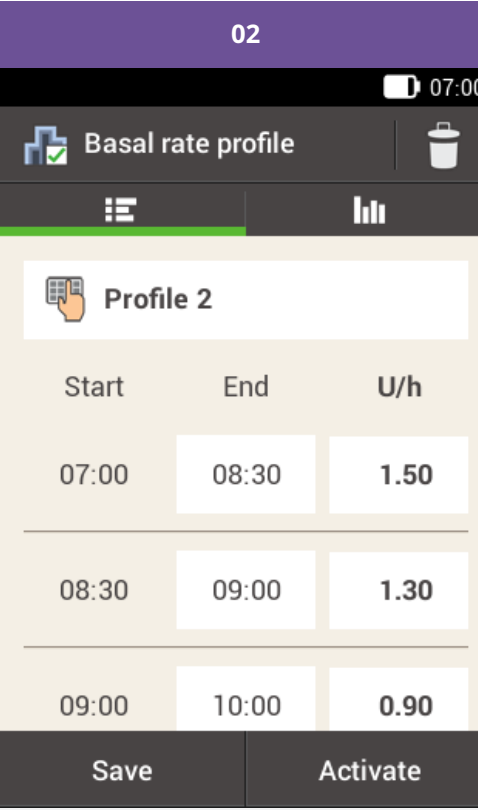
Basal rate profiles

- Profile 1
Total amount 12.0 U
- Profile 2
Total amount 16.0 U

To add a new basal rate profile, tap "+".

Tap the basal rate profile you want to change (for example, Profile 2).

The currently active basal rate profile is indicated by .



02

Basal rate profile

Profile 2

Start	End	U/h
07:00	08:30	1.50
08:30	09:00	1.30
09:00	10:00	0.90

Save Activate

Tap an end time to change the end time for the time block.

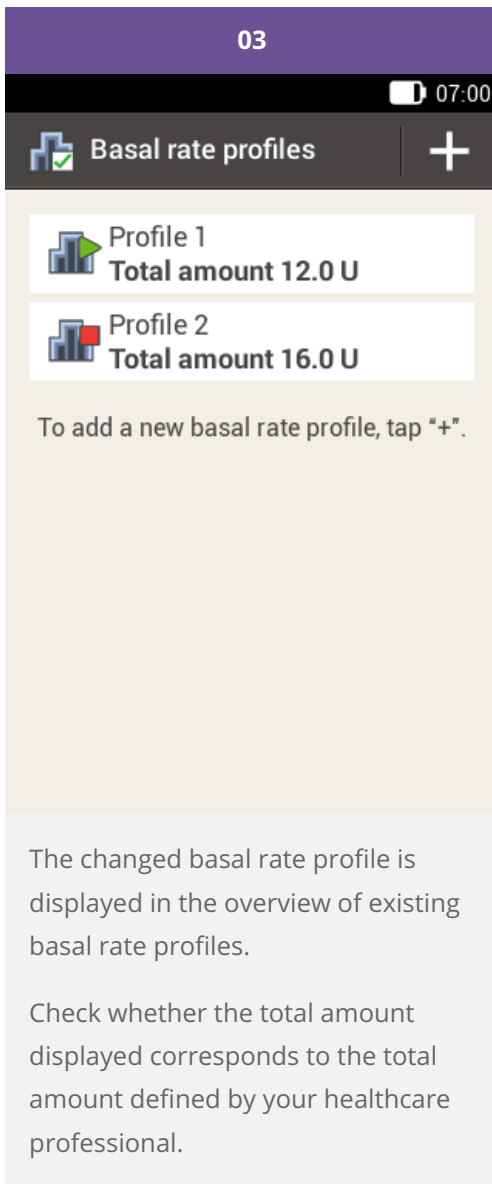
Tap a basal rate to change the basal rate for the time block.

Repeat this process until the correct basal rate has been programmed for all 24 hours of the day.

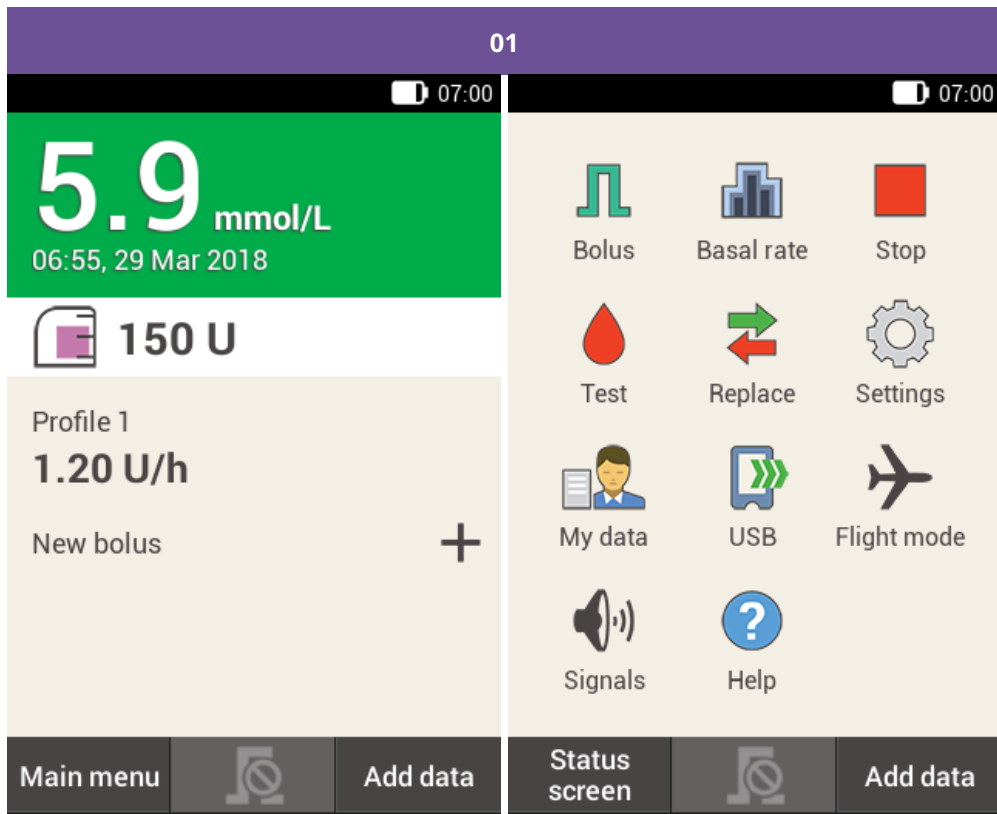
Tap Save.

Note

If required, scroll the screen upwards to be able to check all time blocks of the basal rate profile.



Deleting a basal rate profile

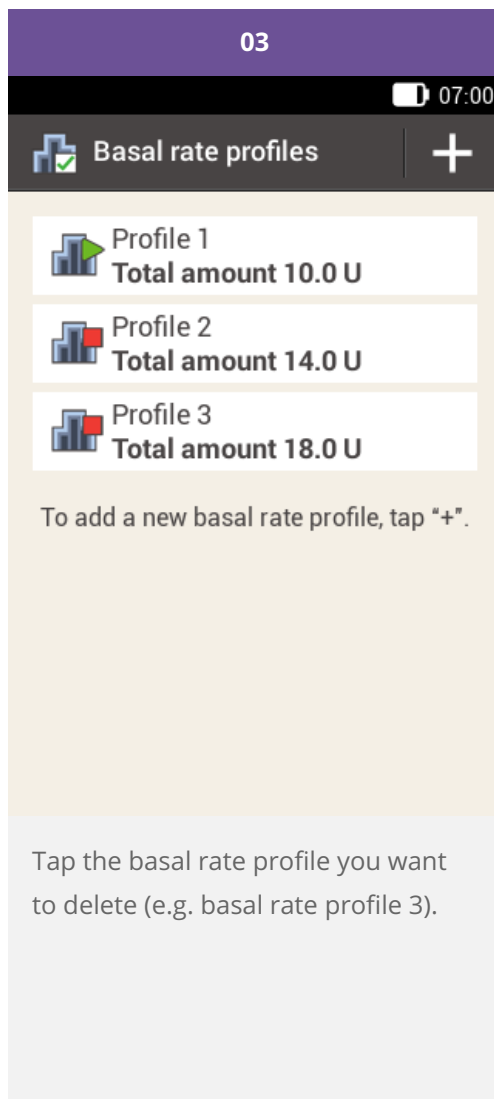
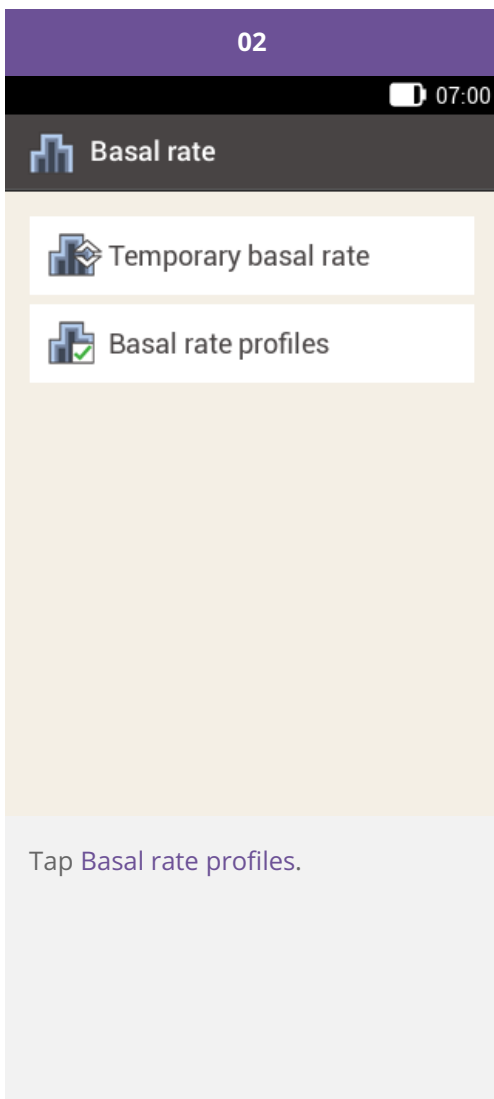


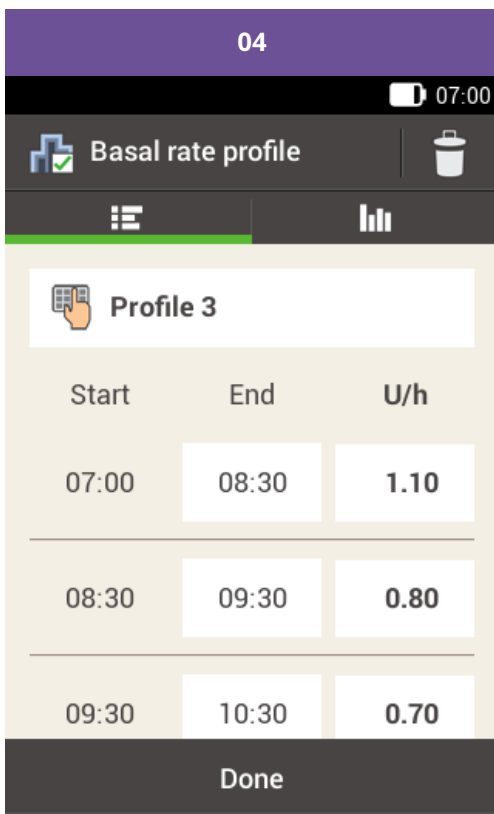
The image shows two side-by-side screenshots of an insulin pump interface. The left screenshot is the 'Main menu' and the right is the 'Status screen'. Both show a glucose reading of 5.9 mmol/L at 07:00 on 29 Mar 2018. The main menu includes options like Bolus, Basal rate, Stop, Test, Replace, Settings, My data, USB, Flight mode, Signals, and Help. The status screen shows Profile 1 at 1.20 U/h and a bolus of 150 U.


Screen	Action
Main menu	Tap Basal rate .
Status screen	Tap the basal rate profile.

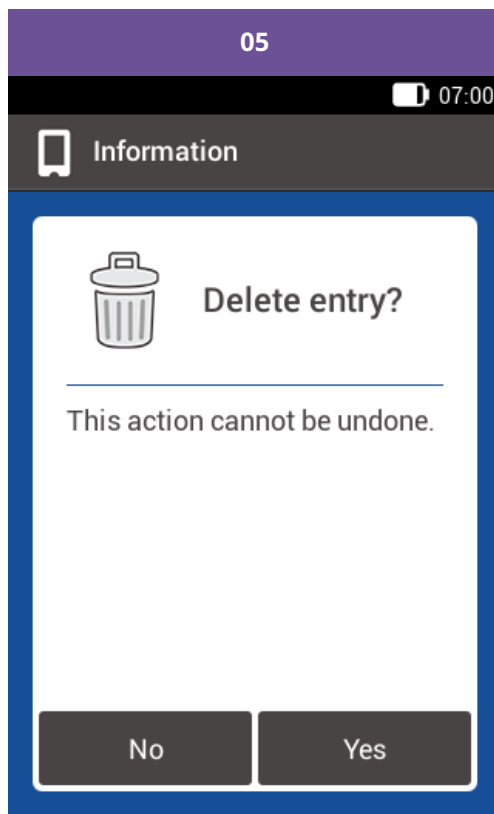
On the Status screen, tap the basal rate profile.

On the main menu, tap **Basal rate**.






Tap  in the right upper corner of the screen.



If the active basal rate profile is to be deleted, the following display appears.

Tap Yes.

 Basal rate profiles

Profile 1

Total amount 10.0 U

Profile 2

Total amount 14.0 U

To add a new basal rate profile, tap "+".

The selected basal rate profile has been deleted from the list.

FOR PEOPLE WITH DIABETES. ALWAYS READ THE INSTRUCTIONS FOR USE. CONSULT YOUR HEALTHCARE PROFESSIONAL FOR ADVICE.

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